

Gary L. Wass, LMT

Client Intake

Date: _____

Patient Name: _____ Birthdate: _____ Male _____ Female _____

Address: _____

City: _____ St.: _____ Zip: _____

Home: _____ Work: _____ Cell: _____

Primary Care or Referring Physician _____

Email: _____ Appointment Reminder by email? Yes ___ No ___

How did you hear about us? _____ Have you had a massage before?: _____

What complaints, symptoms are you experiencing that made you seek therapeutic body work?

Are there any areas of your body you prefer **NOT** to be worked on at this time?

Rate your pain scale from (1 is mild, and 10 extreme) _____

1 2 3 4 5 6 7 8 9 10

Rate your current life situation in terms of stress: (1 is peaceful, 10 is very stressed):

1 2 3 4 5 6 7 8 9 10

What types of regular exercise do you participate in and how often? _____

Please circle the following:

Are you wearing contacts? Yes No

Are you pregnant? If yes, wks. _____ Yes No

Do you have any contagious skin diseases? Yes No

Have you recently been hospitalized, ill or injured? If yes, Explain: Yes No

Are you taking any medications? If so, please list name of medication and condition it is treating:

Do you sit for long hours at a workstation or computer? Yes No

Do you perform any repetitive movement in your work, sports? Yes No

Do you have difficulty laying on your front, back or side? Yes No

Please Explain:

Check any of the following conditions you have had in the past, currently have or are being treated for:

- | | | |
|---|--|--|
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Skin Disease | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Eye Strain | <input type="checkbox"/> Compromised Immunity | <input type="checkbox"/> Back Problems |
| <input type="checkbox"/> Sinus Problems | <input type="checkbox"/> Blood Clots | <input type="checkbox"/> Fractures |
| <input type="checkbox"/> TMJ | <input type="checkbox"/> Varicose Veins | <input type="checkbox"/> Torn Cartilage |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Dislocated Joints |
| <input type="checkbox"/> Seizures | <input type="checkbox"/> Heart Problems | <input type="checkbox"/> Allergies |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Communicable Disease | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Digestive Problems | <input type="checkbox"/> Eating Disorders | <input type="checkbox"/> Others please list: |
| <input type="checkbox"/> Ulcers | <input type="checkbox"/> Kidney Disease | _____ |